

MLFCN Racial Equity & Food Justice Training

Growing Edges Reflection Questions

Below are questions to guide your reflections and continued learning following the Racial Equity & Food Justice training.

- What are your thoughts on race?
- What have you learned about your social identities, as well as the power or social disadvantages that have been given to you based on those identities?
- Reflect on areas that you feel more confident about regarding race, racism, power, privilege, and oppression.
- Where do you feel most challenged or out of your comfort zone?
- Reflect on areas that you need to learn more about. Discuss specific actions you will take to further your awareness and learning.

- Reflect on concerns you have about your role as an anti-racism ally.
 - After listing concerns, develop a strategy to respond to each one.

- What will be your next steps in continuing your education on cultural diversity and racial equity?

- What does anti-racism allyship mean to you?

- What specific goals do you have for yourself related to racial equity and anti-racism?